ALT	ATIS	APP	TOWER	GROUND	FSS
FIELD ELEV					
TPA					
FIELD ELEV					
TPA					

WCA	Course	FIX	Freq	E/ATA	E/ATE	Dist	GS

ATIS	CLNC	GROUND	TOWER	DEP	FSS
				SQUAWK	

FUEL REQUIRED	
ENROUTE	
APPROACH	
ALTERNATE	
RESERVE	
TOTAL	

ATIS		
CODE		
WIND		
VISIBILITY		
CEILING		
TEMP/DP		
ALTIMETER		
RUNWAY		

FLIGHT PLAN

1. TYPE	2. AIRCRAFT IDENTIFICATION	3. AIRCRAFT TYPE SPECIAL EQUIPMENT	4. TRUE AIRSPEED	5. DEPART. POINT	6. DEPARTURE TIME		7. CRUISING ALTITUDE
					PROPOSED	ACTUAL	
VFR							
IFR							
DVFR							

8. ROUTE OF FLIGHT

9. DESTINATION name of airport & city	10. EST. TIME ENROUTE		11. REMARKS
	HOURS	MINUTES	

12. FUEL ON BOARD		13. ALTERNATE AIRPORT	14. PILOT'S NAME, ADDRESS & TELEPHONE NUMBER & AIRCRAFT HOME BASE	15. NUMBER ABOARD
HOURS	MINUTES			

16. COLOR OF AIRCRAFT	

SPECIAL EQUIPMENT

	Transponder		
	none	mode A	mode C
no extra	/X	/T	/U
DME	/D	/B	/A
RNAV	/W	/C	/I

FREQUENCIES

Air-to-Air	122.75	
Flight Watch	122.0	
Emergency	121.5	7700
Lost Comm		7600

PST	16	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
MST/PDT	17	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
CST/MDT	18	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
EST/CDT	19	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
EDT	20	21	22	23	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
ZULU	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23

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